

PHYSICS OF NUCLEAR MEDICINE

Physics of nuclear medicine

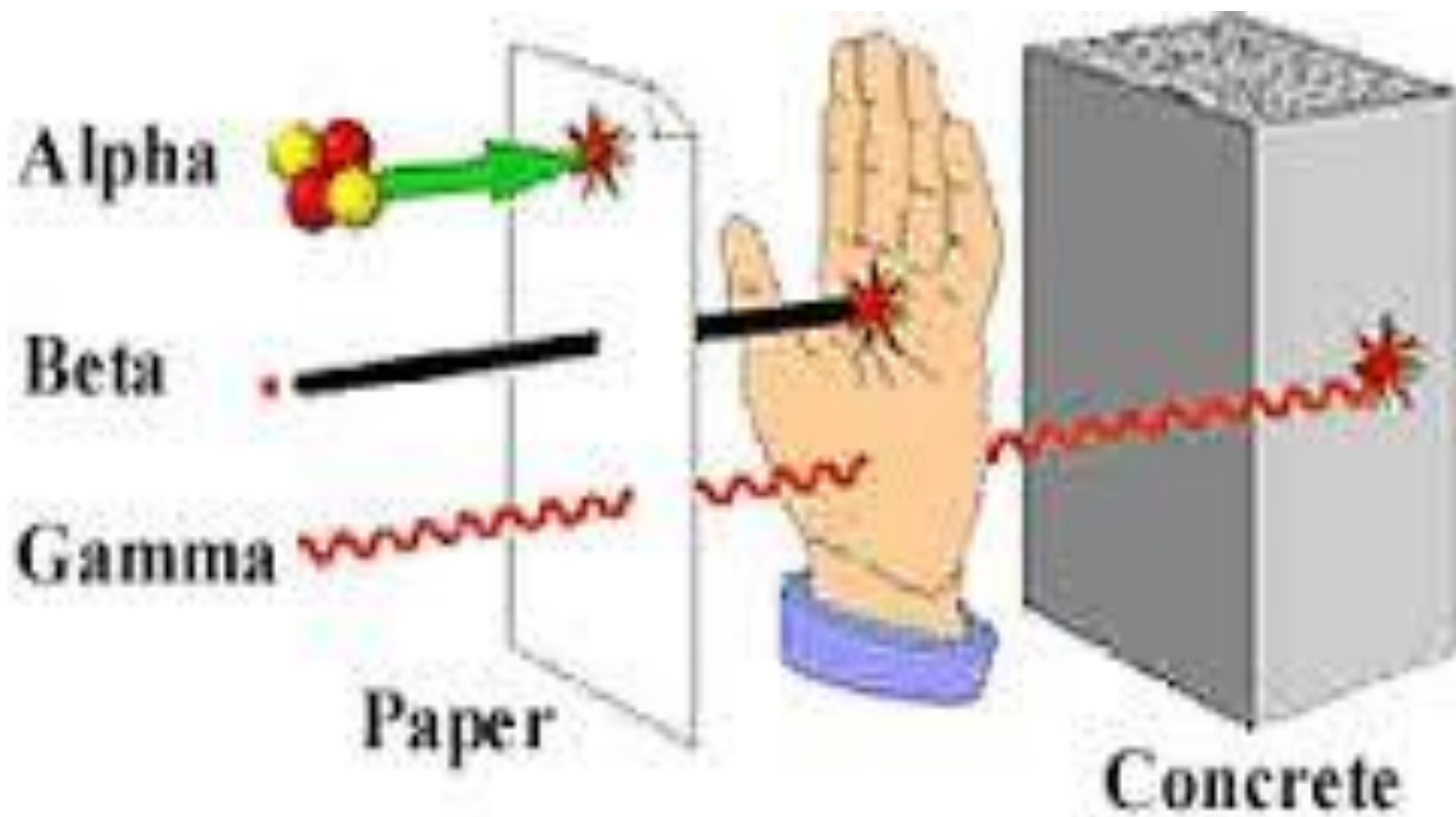
By the end of this section, you will be able to:

- 1- Define the half-life.**
- 2- Give the essential characteristics of alpha, beta, and gamma rays.**
- 3- What is the mass of 1ci of ^{227}Th ? If the half-life is 1.90 years.**

Radioactivity

A certain natural elements, heavy have unstable that disintegrate to emit various rays. Alpha(α), Beta(β), and Gamma(γ) rays.

| Alpha(α) | Beta(β) | Gamma(γ) |
|--|--|---|
| 1-Positive charge | Negative charge | Without charge |
| 2-Affected by magnetic & electric field | Affected by magnetic & electric field | Doesn't affected |
| 3-Stop in a few centimeter of air (low penetrating power) | It is stopped in a few meters of air and a few millimeters of a tissue (the penetrating power is more than α and less than γ) | High energy photon (high penetrating power). |
| 4-Is Helium atom (${}_2\text{He}^4$) | High speed electron | It is photon |
| 5-Has a fixed energy for a given source | Has spread of energy up to max | Has a fixed energy for a given source |



Isotopes

Nuclei of a given element with different numbers of neutrons.

There are two types:

1-Stable isotopes if they are not radioactive.

Ex: (^{12}C , ^{13}C)

2-Radioisotopes if they are radioactive. Ex:

(^{11}C , ^{14}C , ^{15}C)

Radio-nuclides:

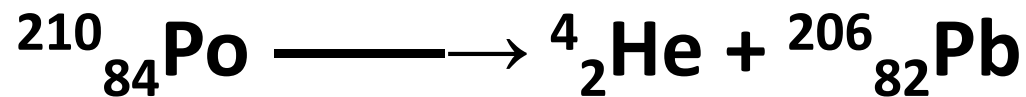
Is used when several radioactive elements are involved.(Radioisotopes are used when referring to single element).

Neutrino:

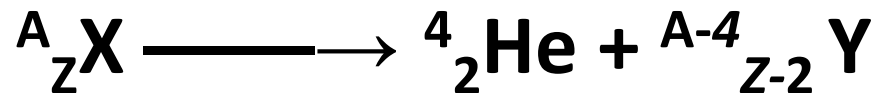
A mass less, charge less, particle, Takes up the difference in energy between the actual beta energy and the maximum beta energy.

Alpha (α):

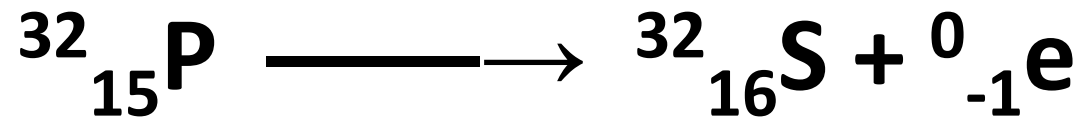
Is helium atom (${}^4_2\text{He}$) with mass number (A) = 4 and atomic number (Z) = 2. The result of alpha emission is a daughter whose atomic number is two less than of the parent, and whose atomic mass number is four less than that of the parent. In the case of ${}^{210}\text{Po}$ for example, the reaction is



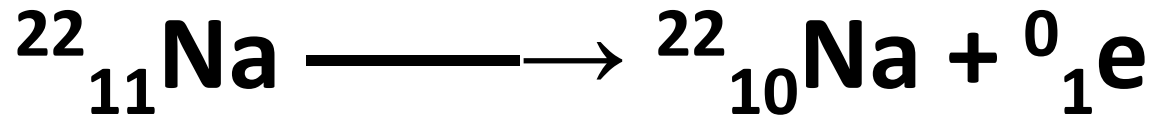
Or in general



Beta emission:



Or positron



Activity of Radioactive materials

-half-life

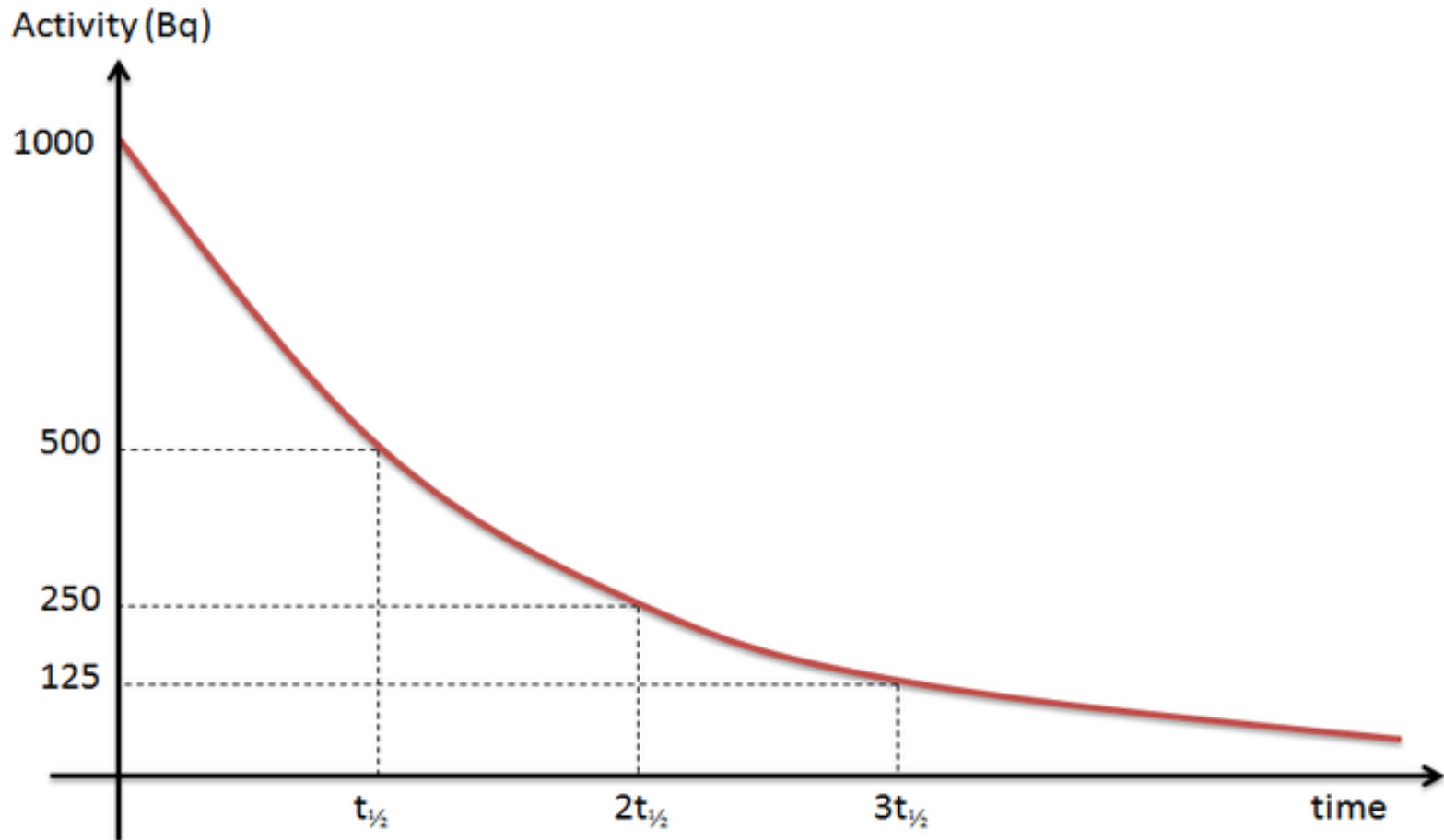
-mean life

-decay constant

-background

Half life ($T_{1/2}$):

The time needed for half of the radioactive nuclei to decay.



$$A = A_0 e^{-\lambda t} \quad \text{..... (1)}$$

Where:

A : activity in disintegration per second after time(t)

A₀: initial activity

λ : decay constant(sec⁻¹,hour⁻¹,year⁻¹)

t : time since activity (sec, hour, year)

$$T_{1/2} = 0.693 / \lambda \quad \text{.....} \quad (3)$$

$$A = \lambda N = (0.693 / T_{1/2} (\text{mass/atomic weight}) \times \text{Avogadro number})$$

$$1 \text{ year} = 3.15 \times 10^7 \text{ sec}$$

$T_{1/2}$ = should be in second

The average or mean time $T = 1/\lambda$

$$1/\lambda \text{ from the equation (3)} = 1.44 T_{1/2}$$

$$\text{So } T = 1.44 T_{1/2}$$

T mean life time (tau) is the average lifetime of a radioactive particle before decay.

Example 1.

- a. If you have 1g of pure potassium 40 (^{40}K) that is experimentally determined to emit about 10^5 beta rays per second. What is the decay constant λ ?

Solution:

$$A = \lambda N = \lambda (\text{mass/atomic weight}) \times \text{Avogadro number}$$

$$10^5 = \lambda \times 1/40 \times 6.02 \times 10^{23}$$

$$\text{So } \lambda = 6.7 \times 10^{-18} \text{ s}^{-1}$$

- b. Estimate the half-life of ^{40}K from .

$$T_{1/2} = 0.693 / \lambda = 10^{17}$$

$$T_{1/2} = 10^{17} / 3.15 \times 10^7 = 3 \times 10^9 \text{ years}$$

Back ground counts:

Is the counts without the radioactive source and this is due cosmic rays, natural radioactivityetc

Units of activity:

The unit of activity of radioactive is Ci (Curie)

1 Ci = 3.7×10^{10} dis/s of Bq
(Becquerel)

(micro) μ Ci = 10^{-6} Ci

(nano) η Ci = 10^{-9} Ci

(pico) ρ Ci = 10^{-12} Ci

Questions:

1- A solution containing a radioactive isotope which emits β -particles with half-life 12.26 days' surroundings a Geiger counter which records 480 counts/minute. What counting rate will be obtained 49.04 days later?

Solution

$$A_0 = 480 \text{ counts/min}$$

$$A = ?$$

$$t = 49.04 \text{ days}$$

$$T_{1/2} = 12.26 \text{ days}$$

$$\lambda = 0.693 / T_{1/2} = 0.693 / 12.26 \text{ days}$$

$$A = A_0 e^{-\lambda t}$$

$$A = 480 \text{ counts/min} \times e^{-(0.693/12.26 \text{ days}) 49.04 \text{ days}}$$

$$A = 480 \text{ counts/min} \times e^{-4(0.693)}$$

$$A = 480 \text{ counts/min} \times 1/2^4$$

$$A = 480/16 = 30 \text{ counts/min}$$

2- Radium 226 has a half life of 1620 years. What is the mass of a sample which undergoes 20000 disintegrations per second?

Solution:

$$T_{1/2} = 1620 \text{ years} = 1620 \times 3.15 \times 10^7 \text{ s}$$

$$\lambda = 0.693 / T_{1/2} = 0.693 / (1620 \times 3.15 \times 10^7 \text{ s})$$

$$A = 2 \times 10^4 \text{ dis/s}$$

$$A = N \lambda$$

$$2 \times 10^4 \text{ dis/s} = (m/226) \times 6.02 \times 10^{23} \times 0.693 / (1620 \times 3.15 \times 10^7 \text{ s})$$

$$m = 55 \times 10^{-6} \text{ g}$$

**3- What is the mass of 1ci of ^{227}Th ?
If the half-life is 1.90 years.**

Solution:

$$T_{1/2} = 1.90 \text{ years} = 1.90 \times 3.15 \times 10^7 \text{ s}$$

$$\lambda = 0.693 / T_{1/2} = 0.693 / (1.90 \times 3.15 \times 10^7 \text{ s})$$

$$A = 1 \text{ ci} = 3.7 \times 10^{10} \text{ dis/s}$$

$$A = N \lambda$$

$$3.7 \times 10^{10} \text{ dis/s} = (m/227) \times 6.02 \times 10^{23} \times 0.693 / (1.90 \times 3.15 \times 10^7 \text{ s})$$

$$m = 1.21 \times 10^{-3} \text{ g}$$

4- Iodine-131 is used to destroy thyroid tissue in the treatment of an overactive thyroid. The half – life of ^{131}I is 8 days. If a hospital receives a shipment of 200g of ^{131}I , how much ^{131}I would remain after 32 days?4

Solution:

$$\lambda = 0.693 / T_{1/2} = 0.693 / 8\text{days}$$

$$t = 32 \text{ days}$$

$$A = A_0 e^{-\lambda t}$$

$$m = m_0 e^{-\lambda t}$$

$$m = 200\text{g} \times e^{-(0.693/8\text{days}) \times 32\text{days}}$$

$$m = 200\text{g} \times e^{-4(0.693)} = 200\text{g} \times 1/16 = 12.5\text{g}$$

5- If 10mg of iodine-131 is given to a patient, how much is left after 24 days? The half – life of ^{131}I is 8 days.

Solution:

$$t = 24\text{days}$$

$$\lambda = 0.693 / T_{1/2} = 0.693 / 8\text{days}$$

$$m = m_0 e^{-\lambda t}$$

$$m = 10 \times 10^{-3}\text{g} \times e^{-(0.693/8\text{days}) \times 24\text{days}}$$

$$m = 10^{-2}\text{g} \times e^{-3(0.693)} = 10^{-2}\text{g} \times 1/8 = 1.25$$

$$\times 10^{-3}\text{g} = 1.25\text{mg}$$

6- Technetium -99m (^{99m}Tc) is used for brain scans, if a laboratory receives a shipment of 200gm of this isotope and after 24 hours only 12.5 g of this isotope remain, what is the half-life of ^{99m}Tc .

$$m_0 = 200\text{g}$$

$$m = 12.5\text{g}$$

$$t = 24 \text{ hr}$$

$$m = m_0 e^{-\lambda t}$$

$$m_0/m = e^{\lambda t}$$

$$200/12.5 = e^{24 \lambda}$$

$$16 = e^{24 \lambda}$$

$$\text{Log } 16 = 24 \lambda \text{ Log } 2.7$$

$$\lambda = 0.116 \text{ hr}^{-1}$$

$$T_{1/2} = 0.693/0.116 = 6 \text{ hr}$$

7- Mercury-197 is used for kidney scans and has a half-life of 3 days. If the amount of mercury -197 needed for a study is 1.0 g and the time allowed for shipment is 15 days, how much mercury -197 will need to be ordered.

$$m = 1\text{g}$$

$$m_o = ?$$

$$T_{1/2} = 3 \text{ days}$$

$$\lambda = 0.693/3\text{days}$$

$$m_o/m = e^{\lambda t}$$

$$m_o/1 = e^{(0.693/3\text{days})15\text{days}}$$

$$m_o = 32\text{g}$$

**8- The half –life of strontium
– 90 is 25 years, how much
half-life will it take for 10g of
it to be reduced to 1.25g.**

Answer: 3 $T_{1/2}$

9-The half-life of ^{99m}Tc is 6 hours, after how much time will 1/16 of the radioisotope remain.

Answer: 24 hours

10- Radioactive ^{24}Na , which has a half life of 15 h, is sent from laboratory to a hospital . What should be its activity when it leaves laboratory if the activity is to be 10mCi (milli curies) when it used in the hospital 3 h later.

Answer: 11.5mCi