



Week	Subject (Theory)	objectives	Hours	Practical	objectives	Hours
1	Introduction to Carbohydrate metabolism	<ul style="list-style-type: none"> <li>- Identify the major saccharides found in the human body and diet.</li> <li>- What is the process of carbohydrate metabolism.</li> <li>- Draw diagram of how glucose transported across intestinal epithelial cells and into the blood stream and describe the protein involved.</li> </ul>	3	Laboratory safety.	<ul style="list-style-type: none"> <li>- To make the students aware about the possible safety issue.</li> <li>- To describe the ideal appearance and attitude of the student during the lab time.</li> <li>- To describe the proper costume that the students should wear during the lab time.</li> <li>- To lean the students what they should do in case of accident.</li> </ul>	2
2	Glyco lysis	<ul style="list-style-type: none"> <li>- Describe the overall purpose of glycolysis, its cellular reactants and products, its cellular localization and its tissue distribution.</li> <li>- Describe the roles of HK/ GK, PFK and PK in glycolysis.</li> <li>- Describe the purpose of the reaction catalyzed by LDH.</li> <li>- Predict the results of a CBC in a person with PK deficiency who is in hemolytic crisis.</li> </ul>	3	Collection and handling of blood samples.	<ul style="list-style-type: none"> <li>- To Describe how to obtain blood samples.</li> <li>- To demonstrate blood draw.</li> <li>- To identify the ideal blood draw sites.</li> <li>- To learn the student what are the blood collection tubes available and which one they should use for each group of tests.</li> <li>- To teach the students what is the anti-coagulant tubes and how does it work.</li> </ul>	2

3	TCA Cycle	<ul style="list-style-type: none"> <li>- Describe the overall purpose of the TCA cycle , its reactants and products ,its cellular localization and its tissue distribution.</li> <li>- Explain the effect of the ATP and citrate on the activity of the TCA cycle.</li> <li>- Describe the role of the TCA Cycle intermediates as sources of reactants for biosynthetic pathways.</li> </ul>	3	Collection and handling of urine samples	<ul style="list-style-type: none"> <li>- To describe what is the properties of the urine</li> <li>- To make the student appreciated the importance of urine analysis</li> <li>- To learn the student the procedure followed to analyse urine sample</li> <li>- What is the basic types of clinically used urine samples?</li> </ul>	2
4	Gluconeogenesis	<ul style="list-style-type: none"> <li>- Differentiate the enzymes involved in glycolysis and gluconeogenesis.</li> <li>- Explain the contribution of gluconeogenesis to blood glucose regulation.</li> <li>- Evaluate the relative importance of different precursors for gluconeogenesis in feeding, fasting and exercise.</li> <li>- Describe the overall purpose of gluconeogenesis, its reactants and products, its cellular localization, and its tissue distribution.</li> </ul>	3	Analytical techniques and instrumentation.	<ul style="list-style-type: none"> <li>- To demonstrate what kind of instrument we used in clinical biochemistry lab.</li> <li>- The explain the principles of each device</li> <li>- Explain the basic concepts of each device</li> <li>- Explain the possible mistake in using in these devices.</li> </ul>	2
5	Glycogen metabolism	<ul style="list-style-type: none"> <li>- Describe the overall purpose of gluconeogenesis and glycogenolysis, their reactants and products, their cellular localization and their tissue distribution.</li> <li>- Explain how glycogen synthesis and glycogenolysis are regulated by insulin, glucagon and catecholamine's.</li> <li>- Select laboratory tests that would contribute to the diagnosis of glycogen storage disease.</li> </ul>	3	Glucose.	<ul style="list-style-type: none"> <li>- Explain the importance of Glucose test</li> <li>- Describe the principles of glucose test</li> <li>- The types of glucose test and the reference range</li> <li>- The clinical significance of glucose test</li> </ul>	2

					- Cause and consequence of hyper- and hypo-glycemia	
6	Pentose phosphate pathway	<ul style="list-style-type: none"> <li>- Describe the overall purpose of the PPP, its reactants and products and its cellular localization.</li> <li>- Describe the role of reduced glutathione in the body.</li> <li>- Explain the biochemical basis of the drug induced hemolytic anemia observed in G6PD deficiency.</li> <li>- Select laboratory tests used to diagnose G6PD deficiency.</li> </ul>	3	HbA1c	<ul style="list-style-type: none"> <li>- Explain the importance of Glucose test</li> <li>- Describe the principles of glucose test</li> <li>- The types of glucose test and the reference range</li> <li>- The clinical significance of glucose test</li> <li>- Cause and consequence of hyper- and hypo-glycemia</li> </ul>	2
7	Diabetes Mellitus	<ul style="list-style-type: none"> <li>- Compare and contrast type 1 and type 2 diabetes mellitus with respect to incidence, age of onset and distinguishing characteristics.</li> <li>- Describe abnormalities in blood glucose homeostasis in patients with type 1 diabetes.</li> <li>- Recognize the clinical presentation of type 1 diabetes mellitus.</li> <li>- Discuss how lifestyle factors impact the development of type 2 diabetes.</li> </ul>	3	Glucose tolerance test (GTT)	<ul style="list-style-type: none"> <li>- Explain the importance of GTT test and what is the result means.</li> <li>- Explain in which health conditions the test should order.</li> <li>- Describe the principles of GGT test.</li> <li>- Learn the student what is the GGT reference range and the interpretations the result for diabetes and non-diabetes patients</li> <li>- The clinical significance of GGT test</li> </ul>	2

					- what is the pre-test preparations.	
8	Ethanol metabolism	<ul style="list-style-type: none"> <li>- Identify the metabolic products of ethanol metabolism including acetyl CoA .</li> <li>- Evaluate the metabolic effects and clinical significance of ethanol and its metabolites.</li> <li>- Explain the biochemical basis for the effects of alcohol ingestion on gluconeogenesis.</li> <li>- Generate a problem list with potential biochemical causes of hypoglycemia , hepatomegaly or lactic acidosis.</li> </ul>	3	Insulin and Glucagon.	<ul style="list-style-type: none"> <li>- Explain the importance of Insulin and Glucagon test and what is the result means.</li> <li>- Explain why the doctor's order Insulin and Glucagon test.</li> <li>- Describe the principles of Insulin and Glucagon test</li> <li>- Learn the student what is the Insulin and Glucagon reference range and the interpretations the result for diabetes and non-diabetes patients</li> <li>- The clinical significance of Insulin and Glucagon test</li> <li>- what is the pre-test preparations.</li> </ul>	2
9	G6PD Deficiency	<ul style="list-style-type: none"> <li>- Describe the characteristics feature of hemolytic anemia.</li> <li>- Identify G6PD genetic variant.</li> <li>- Recognize the clinical manifestation of G6PD deficiency.</li> <li>- Describe diagnosis of G6PD deficiency.</li> <li>- Discuss the treatment of G6PD deficiency.</li> </ul>	3	C-peptide	<ul style="list-style-type: none"> <li>- Explain the importance of C-peptide test and what is the result means.</li> <li>- Explain why the doctor's order C-peptide test.</li> <li>- Describe the principles of C-peptide test</li> <li>- Learn the student what is the C-peptide reference range and the interpretations the result for diabetes and non-diabetes patients</li> <li>- The clinical significance of C-peptide test</li> </ul>	2

					- What is the pre-test preparations.	
10	Inborn errors of metabolism	<ul style="list-style-type: none"> <li>- Definition of inborn error of metabolism.</li> <li>- Sample collection procedure.</li> <li>- Molecular basis of urea cycle disorders.</li> <li>- Genetic basis of phenylketonuria.</li> </ul>	3	Plasma lipids and lipoproteins (Cholesterol and Triglyceride).	<ul style="list-style-type: none"> <li>- Explain the importance of Cholesterol and Triglyceride test and what is the result means.</li> <li>- Explain why the doctor's order Cholesterol and Triglyceride test.</li> <li>- Describe the principles of Cholesterol and Triglyceride test</li> <li>- Learn the student what is the Cholesterol and Triglyceride reference range.</li> <li>- The clinical significance of Cholesterol and Triglyceride test</li> <li>- What is the pre-test preparations.</li> </ul>	2
11	Digestion and absorption of protein	<ul style="list-style-type: none"> <li>- Identify types of protein.</li> <li>- Describe digestion of protein by gastric secretion.</li> <li>- Illustrate the action of rennin.</li> <li>- Discuss the intestinal secretion of protein.</li> </ul>	3	Plasma lipids and lipoproteins (HDL, LDL, and VLDL).	<ul style="list-style-type: none"> <li>- Explain the importance of HDL, LDL, and VLDL test and what is the result means.</li> <li>- Explain why the doctor's order HDL, LDL, and VLDL test.</li> <li>- Describe the principles of HDL, LDL, and VLDL test</li> <li>- Learn the student what is the HDL, LDL, and VLDL reference range.</li> <li>- The clinical significance of HDL, LDL, and VLDL test</li> </ul>	2

					- What is the pre-test preparations.	
12	Mineral metabolism	<ul style="list-style-type: none"> <li>- Definition of minerals.</li> <li>- Definition of trace element.</li> <li>- Illustrate factors that promote calcium absorption.</li> <li>- Describe function of calcium.</li> <li>- Discuss causes of hypercalcemia.</li> </ul>	3	Protein and albumin.	<ul style="list-style-type: none"> <li>- Explain the importance of Protein and albumin test and what is the result means.</li> <li>- Explain why the doctor's order Protein and albumin test.</li> <li>- Describe the principles of Protein and albumin test.</li> <li>- Learn the student what is the Protein and albumin reference range.</li> <li>- The clinical significance of Protein and albumin test</li> </ul>	2
13	Lipid metabolism	<ul style="list-style-type: none"> <li>- Differentiate the contribution of diet and endogenous synthesis to lipid levels.</li> <li>- Describe the pathway of fatty acid synthesis.</li> <li>- Describe the synthesis of triglycerides.</li> <li>- Distinguish the composition of different sphingolipids.</li> </ul>	3	G6PDH	<ul style="list-style-type: none"> <li>- Explain the importance of G6PDH test and what is the result means.</li> <li>- Explain why the doctor's order G6PDH test.</li> <li>- Describe the principles of G6PDH test .</li> <li>- Learn the student what is the G6PDH reference range.</li> </ul>	2

					- The clinical significance of G6PDH test	
14	Fatty acid synthesis	<ul style="list-style-type: none"> <li>- Describe the pathway of fatty acid synthesis.</li> <li>- Distinguish the effect of the feeding, fasting, exercise and hormonal regulation on body lipid.</li> <li>- Describe endocrine function of adipose tissue.</li> </ul>	3	Kidney function test (Urea Test)	<ul style="list-style-type: none"> <li>- Explain the importance of Urea test and what is the result means.</li> <li>- Explain why the doctor's order Urea test.</li> <li>- Describe the principles of Urea test.</li> <li>- Learn the student what is the Urea reference range.</li> <li>- The clinical significance of Urea test</li> </ul>	2
15	Beta -oxidation ,cholesterol and ketone bodys	<ul style="list-style-type: none"> <li>- Describe the mechanism for activation and transport of fatty acids into mitochondria for catabolism.</li> <li>- Outline the sequence of reactions involved in oxidation of fatty acids in mitochondria.</li> <li>- Explain the mechanism for the formation of KBs and identify the physiological and pathological roles of those molecules.</li> <li>- Distinguish the mechanisms by which cholesterol biosynthesis is</li> </ul>	3	Kidney function test (Creatinine Test)	<ul style="list-style-type: none"> <li>- Explain the importance of Creatinine test and what is the result means.</li> <li>- Explain why the doctor's order Creatinine test.</li> <li>- Describe the principles of Creatinine test.</li> <li>- Learn the student what is the Creatinine reference range.</li> </ul>	2

		regulated by hormones and food intake.			- The clinical significance of Creatinine test.	
16	Amino acids and protein	<ul style="list-style-type: none"> <li>- Describe factors affecting nitrogen balance in health and disease.</li> <li>- Describe the biosynthesis of melanin and catecholamine's hormones from essential amino acids.</li> <li>- Describe the biosynthesis of EAAs and NEAAs from intermediates of glycolytic pathway and TCA cycle.</li> <li>- Describe the role of folic acid.</li> <li>- Compare and contrast dopamine levels in Parkinson's disease.</li> <li>- Describe the role of tyrosinase in albinism.</li> </ul>	3	Gout (Uric acid Test)	<ul style="list-style-type: none"> <li>- Explain the importance of Uric acid test and what is the result means.</li> <li>- Explain why the doctor's order Uric acid test.</li> <li>- Describe the principles of Uric acid test</li> <li>- Learn the student what is the Uric acid reference range.</li> <li>- The clinical significance of Uric acid test</li> </ul>	
17	Urea cycle	<ul style="list-style-type: none"> <li>- Describe the reactions of the urea cycle.</li> <li>- List the causes of hyperammonemia and treatments to reduce blood ammonia levels.</li> <li>- Identify the connections and common intermediates between the urea cycle and TCA cycle.</li> </ul>	3	Liver function test LFT (Protein synthesis (albumin))	<ul style="list-style-type: none"> <li>- Explain the importance of albumin test in LFT and what is the result means.</li> <li>- Explain why the doctor's order albumin test for patient has liver disease.</li> <li>- Describe the principles of albumin test</li> <li>- Learn the student what is the albumin reference range.</li> <li>- The clinical significance of albumin test for</li> </ul>	2



					patient has liver disease	
18	Porphyrias	<ul style="list-style-type: none"> <li>- Describe porphyrin and heme synthesis.</li> <li>- Describe the difference between total, direct and indirect bilirubin.</li> <li>- Describe heme catabolism.</li> </ul>	3	Liver function test (Hepatic anion transport (bilirubin))	<ul style="list-style-type: none"> <li>- Explain the importance of bilirubin test in LFT and what is the result means.</li> <li>- Explain why the doctor's order bilirubin test for patient has liver disease.</li> <li>- Describe the principles of bilirubin test.</li> <li>- What is the difference between direct and indirect bilirubin?</li> <li>- Learn the student what is the bilirubin reference range.</li> <li>- The clinical significance of bilirubin test for patient has liver disease.</li> <li>- How testing direct and indirect bilirubin are important for</li> </ul>	2

					distinguish between different types of liver disease.	
19	Vitamins	<ul style="list-style-type: none"> <li>- Definition of vitamins.</li> <li>- Describe the common classification of vitamins.</li> <li>- Describe the role of vitamin A.</li> <li>- Identify the common problems associated with vitamin A deficiency.</li> </ul>	3	Liver function test (Hepatocellular integrity (GOT and GPT)).	<ul style="list-style-type: none"> <li>- Explain the importance of GOT and GPT test in LFT and what is the result means.</li> <li>- Explain why the doctor's order GOT and GPT test for patient has liver disease.</li> <li>- Describe the principles of GOT and GPT test.</li> <li>- Learn the student what is the GOT and GPT reference range.</li> <li>- The clinical significance of GOT and GPT test for patient has liver disease</li> </ul>	2
20	Water soluble vitamins	<ul style="list-style-type: none"> <li>- List the water soluble vitamins.</li> <li>- Discuss the problems associated with vitamin B deficiency.</li> <li>- List the causes of vitamin B deficiency.</li> </ul>	3	Liver function test (Presence of cholestasis (alkaline phosphatase ALP))	<ul style="list-style-type: none"> <li>- Explain the importance of ALP test in LFT and what is the result means.</li> <li>- Explain why the doctor's order ALP test for patient has liver disease.</li> <li>- Describe the principles of ALP test.</li> <li>- Learn the student what is the ALP reference range.</li> </ul>	2

					- The clinical significance of ALP test for patient has liver disease.	
21	Disorders of the hypothalamus and pituitary	<ul style="list-style-type: none"> <li>- Introduction to endocrinology.</li> <li>- Identify the common factors which regulate the release of anterior pituitary hormone.</li> <li>- Describe the hormones that release from the anterior pituitary gland.</li> <li>- Identify clinical problems associated with growth hormone deficiency.</li> </ul>	3	Vitamin (Vitamin D3 Test).	<ul style="list-style-type: none"> <li>- Explain the importance of Vitamin D3 test and what is the result means.</li> <li>- Explain why the doctor's order Vitamin D3.</li> <li>- Describe the principles of Vitamin D3 test.</li> <li>- Learn the student what is the Vitamin D3 reference range.</li> <li>- The clinical significance of Vitamin D3 test</li> </ul>	2
22	Thyroid gland	<ul style="list-style-type: none"> <li>- Describe the physiology of thyroid gland.</li> <li>- Illustrate the hormones that regulate thyroid hormone secretion.</li> <li>- Discuss thyroid function test.</li> </ul>	3	Trace elements and metals	<ul style="list-style-type: none"> <li>- Explain the importance of Trace elements and metals test and what is the result means.</li> <li>- Explain why the doctor's order Trace elements and metals test.</li> <li>- Describe the principles of Trace elements and metals test.</li> <li>- Learn the student what is the Trace elements and metals test reference range.</li> </ul>	2

					- The clinical significance of Trace elements and metals test	
23	Thyroid gland disease	<ul style="list-style-type: none"> <li>- Definition of hypothyroidism.</li> <li>- Describe symptoms of hypothyroidism.</li> <li>- Identify the pathophysiology of hypothyroidism.</li> <li>- Diagnosis of hypothyroidism.</li> <li>- Describe factors contribute to hypothyroidism.</li> <li>- Identify the causes of hyperthyroidism.</li> <li>- Pathophysiology of hyperthyroidism.</li> <li>- Describe laboratory investigation of hyperthyroidism.</li> <li>- Describe the treatment of hyperthyroidism.</li> </ul>	3	Electrolytes (Calcium)	<ul style="list-style-type: none"> <li>- Explain the importance of Calcium test and what is the result means.</li> <li>- Explain why the doctor's order Calcium test.</li> <li>- Describe the principles of Calcium test.</li> <li>- Learn the student what is the Calcium test reference range.</li> <li>- The clinical significance of Calcium test.</li> </ul>	2
24	Biological membrane and transport	<ul style="list-style-type: none"> <li>- Describe the function of cell membrane.</li> <li>- Meaning of transport function.</li> <li>- Types of transport mechanisms.</li> <li>- Describe the factors that influence diffusion rates.</li> <li>- Describe osmolarity and tonicity.</li> </ul>	3	Electrolytes (Sodium)	<ul style="list-style-type: none"> <li>- Explain the importance of Sodium test and what is the result means.</li> <li>- Explain why the doctor's order Sodium test.</li> <li>- Describe the principles of Sodium test.</li> <li>- Learn the student what is the Sodium test reference range.</li> </ul>	2

					- The clinical significance of Sodium test.	
25	Liver	<ul style="list-style-type: none"> <li>- Describe major function of the liver.</li> <li>- Identify the substance that are excreted by the liver.</li> <li>- Describe how jaundice occur.</li> <li>- Describe why unconjugated bilirubin occur.</li> <li>- Identify the disease of the liver.</li> </ul>	3	Electrolytes (Potassium)	<ul style="list-style-type: none"> <li>- Explain the importance of Potassium test and what is the result means.</li> <li>- Explain why the doctor's order Potassium test.</li> <li>- Describe the principles of Potassium test.</li> <li>- Learn the student what is the Potassium test reference range.</li> <li>- The clinical significance of Potassium test.</li> </ul>	2
26	Kidney	<ul style="list-style-type: none"> <li>- General description of kidney.</li> <li>- Describe the function of kidney.</li> <li>- Identify the causes of impaired renal function.</li> </ul>	3	Electrolytes (Chloride)	<ul style="list-style-type: none"> <li>- Explain the importance of Chloride test and what is the result means.</li> <li>- Explain why the doctor's order Chloride test.</li> <li>- Describe the principles of Chloride test.</li> <li>- Learn the student what is the Chloride test reference range.</li> </ul>	2

					- The clinical significance of Chloride test	
27	Renal Failure	<ul style="list-style-type: none"> <li>- Definition of acute kidney injury.</li> <li>- Identify the diagnostic feature of acute kidney injury.</li> <li>- Describe the phases of acute kidney injury.</li> <li>- Identify the investigation of low urinary output.</li> <li>- Describe the classification of chronic kidney injury.</li> <li>-</li> </ul>	3	Thyroid Function test T3, T4 and TSH	<ul style="list-style-type: none"> <li>- Explain the importance of T3, T4 and TSH test and what is the result means.</li> <li>- Explain why the doctor's order T3, T4 and TSH test.</li> <li>- Describe the principles of T3, T4 and TSH test.</li> <li>- Learn the student what is the T3, T4 and TSH test reference range.</li> <li>- The clinical significance of T3, T4 and TSH test.</li> </ul>	2
28	Cancer and its consequences	<ul style="list-style-type: none"> <li>- General definition of cancer.</li> <li>- Describe how tumor growth effect on body organs.</li> <li>- Illustrate the symptoms of tumor.</li> <li>- Describe why renal failure occurs in patient with tumor.</li> <li>- Identify cancer treatment and its consequences.</li> <li>-</li> </ul>	3	Lipase and Amylase.	<ul style="list-style-type: none"> <li>- Explain the importance of Lipase and Amylase test and what is the result means.</li> <li>- Explain why the doctor's order Lipase and Amylase test.</li> <li>- Describe the principles of Lipase and Amylase test.</li> <li>- Learn the student what is the Lipase and Amylase test reference range.</li> </ul>	2

					- The clinical significance of Lipase and Amylase test.	
29	Tumor marker	<ul style="list-style-type: none"> <li>- Definition of tumor marker.</li> <li>- Illustrate uses of tumor marker.</li> <li>- Identify types of tumor marker.</li> </ul>	3	Cardiac marker (CPK)	<ul style="list-style-type: none"> <li>- Explain the importance of CPK test and what is the result means.</li> <li>- Explain why the doctor's order CPK test.</li> <li>- Describe the principles of CPK test</li> <li>- Learn the student what is the CPK test reference range.</li> <li>- The clinical significance of CPK test</li> </ul>	2
30	Nutrition	<ul style="list-style-type: none"> <li>- Definition of nutrition .</li> <li>- Illustrate how trauma and sepsis effect on nutrition of individual .</li> <li>- Definition of starvation and under nutrition .</li> <li>- Describe nutritinonal assessment .</li> </ul>	3	Cardiac marker (Troponin)	<ul style="list-style-type: none"> <li>- Explain the importance of Troponin test and what is the result means.</li> <li>- Explain why the doctor's order Troponin test.</li> <li>- Describe the principles of Troponin test</li> <li>- Learn the student what is the Troponin test reference range.</li> <li>- The clinical significance of Troponin test</li> </ul>	2

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